** THE MOSAIC**

**HINTON ST MARY**

**AUGUST 2022**

A picture containing grass, person, field, sport

Description automatically generated**The Yard Alice Fox-Pitt**

July has been a great month for the team.

As we wrote the last edition William, Jackie and Georgia were heading to Aachen having had the call up with Little Fire to be part of the British team for the Nations Cup. Aachen is an iconic venue in Germany on the border with Belgium. It hosts the best of dressage, show jumping and eventing.

The boys and I headed out on the train to support. What a privilege it was to be there. We all stayed in the lorry and it was wonderful to be part of team GB.

Everyone did a good test leaving the Brits in the lead after the dressage. William put in a very strong performance to put him in 6th going into the show jumping.

The show jumping was in the main arena, which is like a football stadium, an incredible setting. Some horses shrink in the atmosphere, but Little Fire loved it and jumped the best show jumping round of his career, moving him up to third ahead of the cross country.

The time was very tight and there were plenty of problems all over the track. He jumped a fabulous clear, a few time faults moved him back to 6th and gave Britain the win.

We all went crazy at the National Anthem!

That has now put William and Little Fire in the picture for the team for the World Championships, exciting!

Kazu’s prep continues well and he is on track with his two horses qualified. Great news for Seito as he has been asked by the Japanese team to travel with them in the support crew which will be an awesome opportunity.

We said goodbye to the wonderful Anne who has left to work for the Wade family.

We have had summer work experience joining us this month. Gillingham school and Sturminster school sent students as did other colleges from around the country. We were really impressed by how involved they got and hopefully they all gained plenty from it.

August is looking rammed. The end of the month William will be heading to Burghley in Stamford looking for a record-breaking 7th win on the locally bred Oratorio.

Hartpury will be the focus for Sara and Kazu.

Thank you so much for all your patience with the horses round the village, we are very grateful.

A person riding a horse

Description automatically generated with medium confidence

**The White Horse**

Summers here and everyone is loving the heat… Except when in the kitchen. We’re continuing with our approach of changing the menu extremely regularly (multiple times a week!) as great produce availability changes.

Our second wine tasting had twenty of us in the garden, learning about the fine wines of Australia. We’re taking a break for August and return with an intro to Spanish wines on September 13th. Tickets are available online or from the pub. These events are a great chance to drink some amazing wines in a fun and friendly environment, so please do come along!

Current opening hours are 4-11 Wednesday & Thursday, 12-11 Friday & Saturday, 12-10.30 Sunday.

**E Bikes as a Fitness Option**

A person in a safety vest standing next to a bicycle

Description automatically generated with medium confidenceSince we moved into ‘Hinton’ a year ago I had been pondering my keep fit options. Looking for something that was non-impact I had considering cycling, but it had been many years since I had even been near a bicycle. I was daunted by the prospect of subjecting my tired old racing cycle with skinny wheels to my 63 year old rotund frame and significant body mass, especially after a friend was badly injured when his racing cycle collapsed under him. I was also worried about whether I would mangage to cycle up even gentle inclines, and if I would be able to climb on the bike, having some arthritic limitations.

Looking into it I discovered that modern eBikes generally have larger wheels and tyres, are more comfortable on the saddle (if you know what I mean), and they really help in maintaining forwards-motion with the electric assist, especially up hills. This addressed my main concerns. However they can be expensive to buy. Then I discovered that it was possible to hire an electric bike from Fox Pitt Eventing down at the yard. This was an excellent way to have a go on an eBike before committing to my own purchase. I contacted Michelle at the office - Fox Pitt Eventing 01258 471001. She arranged the rental and insurance forms and for James to prep the bike for me. They lent me a hi viz jacket, helmet, cycle lock and charger to go with the ‘Wee’ eBike at £30 for a 24hr period. The cycle was built more like a moped, felt very solid, and was well made. It had a ‘unisex’ style so initially I could step into it, rather than swinging my leg over the back (probably whilst falling over). I soon got to grip with the electric controls and found I could make good progress, even up the hills. As the going got tougher I could feel the electric assist coming in – a bit like a big hand pushing on my back. I went ‘around the block’ via the back roads to Walton Elm and returned to Hinton on the main road. This gave me the confidence to cycle to work the following morning, around 5 miles to Stalbridge. I had to pedal and expend some energy, but well within my scope. The team at work were stunned when I arrived on a bicycle instead of in a gas guzzler! I was not at all hot and bothered, did not require a change of clothes and did not need a long shower. After work I cycled back home, even getting up Cox Hill. At 25 minutes it only took just over twice as long as driving, gave me a feeling of accomplishement and put a big grin on my face. I averaged just over 13 mph.

I now have my own eBike, mainly thanks to Fox Pitt Eventing for the rental and starting me out on this road! Why not give it a try?

**Regards**

**Colin Orman**

***THE BLACKMORE VALE PARTNERSHIP***

Instead of a Newsletter this month, we wanted to pass on two important messages from the Practice.

**Face Masks**

 "Due to the steep local rise in Covid-19 cases, we have made the decision in line with our local hospitals to return to the requirement to wear face masks within our practice buildings. We appreciate that this will be disappointing for some but we have a duty of care to our vulnerable patients and staff within our premises.

 This decision will be kept under review and we thank you all for your understanding and cooperation."

**New Service Survey**

The practice would very much like to hear your views about some proposed new services.

From Autumn 2022, NHS England is to offer enhanced access to GP practices, which may include evenings and Saturdays. For us locally, it means that a mixed range of appointments may be made available to patients across our Primary Care Network (PCN), which is made up of The Blackmore Vale Practice and Gillingham Medical Practice.

This service is called **Enhanced Access**, and based on the needs of our patient population, the practice is considering the possible types of services that could be made available. To help understand these needs, please spare a few minutes to answer some questions.  Think about when YOU and your family would need these services, perhaps between 6.30 pm to 8 pm on weekdays and between 9am and 5pm on a Saturday.

Many thanks and your feedback will assist greatly in shaping this service in the future.  All survey responses to the PCN will be confidential.  Data is stored in a password protected electronic format. To help protect your confidentiality, the surveys will not contain information that will personally identify you.  Replies are requested by 20th July***.***\* ***\*(At the time of printing The Mosaic on 28th July, the Survey is still available on line for completion)***

<https://www.blackmorevalesurgery.co.uk/extended-access-service-patient-survey>

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**#BringAPicnicNotABBQ**

A table is filled with food

Description automatically generated with low confidenceIf British Summer Time and warmer days means you will be visiting one of Dorset & Wiltshire’s local heathlands or outdoors spaces to enjoy the wildlife and wilderness, please take a picnic.

Dorset & Wiltshire Fire and Rescue Service (DWFRS) are encouraging residents and visitors to take a picnic and not BBQ. Warmer and breezy weather increases the risk of accidental or deliberate fires in our open spaces. A wildfire can move at speeds faster than an Olympic sprinter, so we are asking people who are out and about to follow some simple steps:

* If you are enjoying our open spaces when a fire occurs, get to a safe place and call 999 with as much information as possible.
* Consider downloading and using What3Words to identify your exact location.
* You can also help by reporting any antisocial behaviour on the heath to the Police on 101.

If you are a smoker, please extinguish them fully before disposing of them responsibly – never ever just throw them away lit, similar to throwing them out from car windows – the result could be 50 or 100 firefighters tackling the subsequent blaze.

Anyone caught starting a fire on a heath will be prosecuted whether it is a case of deliberate arson or neglect, for example an unauthorised camp fire or a disposable BBQ that gets out of control. Wildfires cost lives not only to endangered plants and animals but also put people and houses in danger.

**St Peter’s Services**

**August 2022**

|  |  |
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| **Date** | **Service** |
| Sunday 7th at 9.30 am | Morning Prayer - BCP - Lay Led |
| Sunday 14th at 11.00am | **Benefice Service and a farewell to the Rev Philippa Sargent - Holy Communion at St Mary’s, Sturminster Newton. There will be no service at St Peter’s** |
| Sunday 21st at 9.30 am | Morning Prayer - Lay Led |
| Sunday 28th at 9.30 am | Holy Communion |

The Church continues to be open for prayer each day and all Covid 19 measures have been waved.

In accord with the practice adopted within Salisbury (and other) Diocese, during July we will reintroduce the common cup at Eucharist services in St Peter's for those who wish to receive the full sacrament. It remains entirely acceptable for any communicant not wishing to receive the wine to continue to receive just the bread.

Until further notice, all queries relating to Church-related support and services should be directed to the Church wardens:

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| --- | --- |
| Robin Gibbs Tele: 01258 471493  [robin@aviaconsult.uk](mailto:robin@aviaconsult.uk) | Kevin Peto-Bostick Tele: 01258 475469  [kevin.peto.bostick@gmail.com](mailto:kevin.peto.bostick@gmail.com) |

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| **A cup of coffee  Description automatically generated with medium confidence VILLAGE COFFEE MORNING**  **Tuesday 2nd August**  **10.30 a.m. – 12 noon**  **VILLAGE HALL** |

**The Village Hall – Free WiFi**

Users of the village hall now have access to free WiFi - as long as they have Credit on the Electrical Power Coin Meter

**The Child Okeford Art Trail**

**is back.**

**Bigger than Ever !**

**Friday 26th August - Monday 29th August 2022**

**11 - 4 pm**

19 Artists, Sculptors, Jewellers, Textile Artists and Potters

will show and sell a variety of quality work.

Art Trail leaflets will soon be available in local shops.

Free Admission

For full details including a full-size map of the trail and details of participating artists go to

**childokeford.org/events**

Why not walk our Art Trail and visit venues throughout Child Okeford.

Take the opportunity for refreshments along the way at our two splendid Pubs - The Bakers Arms and The Saxon Inn: The Village Hall with refreshments by SERO: our well stocked Child Okeford Village shop: The Cafe on Gold Hill Farm: Gold Hill Organic Farm shop.

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| The annual Ride and Stride in aid of Dorset Historic Churches will be on Saturday, 10th September. David Dunning will be riding for St. Peter’s, Hinton St. Mary.    More details next month. |

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| BLANDFORD HOSPITAL SHOP WAREHOUSE.  Saturday, 6th August  10   - 12 midday  Old Poisedale Building,  Hinton St. Mary |



**AUGUST QUICK QUIZ**

Dingbat: NOW IN HERE Riddle: You can hold me in your left hand but not your right. What am I?

ANSWERS TO JULY QUICK QUIZ

Dingbat: **Pretty In** **Pink** Riddle: A Sponge

IF YOU LIVE IN HINTON ST MARY AND DO NOT RECEIVE A COPY OF THE MOSAIC **EVERY MONTH** – PLEASE LET NIGEL KNOW ON 07710 088322 OR EMAIL DJNMARTIN@BTINTERNET.COM

**Trusted Traders**

These are tradesman/workers who have been personally recommended by villagers. Please let us have details of anybody who has done a great job for you. Thank you.

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| COMPUTER HELP | TIM WEST | 01258 817537 sturcomputers@hotmail.co.uk | |
| JOINERY/CARPENTRY | ANTHONY GILBERT  AGJ JOINERY | 01258 268134 [ant\_gilbert1@hotmail.co.uk](mailto:ant_gilbert1@hotmail.co.uk)  [www.ajg-joinery.co.uk](http://www.ajg-joinery.co.uk) | |
| CARPENTRY/JOINERY | NIGEL BASTABLE | 01258 860459 [www.nigelbastable.co.uk](http://www.nigelbastable.co.uk) | |
| CARPENTRY (& WOODEN FLOORS) | GARY CORCORAN | 07920557651 [gccarpentry@hotmail.co.uk](mailto:gccarpentry@hotmail.co.uk) | |
| **ADVICE ONLY** WITH WASPS & BEES | TED EYRES | 472154 | |
| PEST CONTROL | MARK GOULD  (Rats, Wasps, Moles & Fleas) | 07999 957694 [mark\_gould2@btconnect.com](mailto:mark_gould2@btconnect.com) | |
| BUILDERS | ANDREW TRIM | 07939 541128 | |
| FENCING & REPAIRS | DAVID WHITEHAND | 07549 151 799 | |
| BOILER MAINTENANCE | BOB JONES & SON | 01963 362 502 | |
| CARPET & UPHOLSTERY CLEANING | CASTLE GUARD CLEANING | 01202 715 115 | |
| GROUNDWORK & HARD LANDSCAPING | KEIRAN HARVEY | 07792 250 347 | |
| BUILDING & RENOVATION | MARK GORDGE | 07941 443 306 | |
| ROOFING | BEN GIBBS ROOFING | 07912 655095 [Bengibbs.roof@gmail.com](mailto:Bengibbs.roof@gmail.com) | |
| SCAFFOLDING | EDW SCAFFOLDING | 07474 552259 [elwin1965@icloud.com](mailto:elwin1965@icloud.com) | |
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| **Rose’s Yard, Hinton St Mary– Air B and B**  **A picture containing grass, tree, outdoor, house  Description automatically generated**Self-Contained first floor annex, sleeping 4 in the centre of the village.  Contact :  [jo.martin99@btinternet.com](mailto:jo.martin99@btinternet.com)  Jo 07860 612412  Or book through Air B and B |

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*Please let us have any articles, notices, celebrations,, information, items for sale, trusted traders etc you would like to have included in next month’s Mosaic. Deadline 24th of the Month. Thank you. Janet, Jo & Nigel.*

*janetbolton24@hotmail.co.uk jo.martin99@btinternet.com*

*Keep abreast of all things ‘HSM’ on the village facebook page: Hinton St Mary Village Group and the Hinton St Mary Website:*

[*http://www.hintonstmary.com*](http://www.hintonstmary.com) *where all previous copies of The Mosaic are also available.*

Thank you to our Sponsors and Advertisers:

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